



OBT

## OBT Course Outline

### 31. WORKING AT HEIGHT

<b><i>Main Aims and Key Benefits:</i></b>	This 3-hour module is designed for those team members who use stepladders and ladders in the course of their work. It is essential to make employees aware of the current regulations and the safe use of equipment.
<b><i>Course Content:</i></b>	<ul style="list-style-type: none"><li>▪ The Working at Height Regulations</li><li>▪ Understanding responsibilities involved</li><li>▪ Practices and equipment</li><li>▪ Planning and inspections</li><li>▪ Ladder safety</li></ul>
<b><i>Training Methods:</i></b>	<ul style="list-style-type: none"><li>▪ Presentations</li><li>▪ Demonstrations</li><li>▪ Group discussions</li><li>▪ Case studies and examples</li><li>▪ Course assessment</li></ul>
<b><i>Who will benefit from attending:</i></b>	Members of maintenance teams and any other employees required to work at height
<b><i>Duration:</i></b>	3 hours
<b><i>Certification:</i></b>	OBT and Progressive Training
<b><i>Training Provider:</i></b>	First Response